



Practice As Ceremony

July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Elder Support- Kokom Rose: 9am-4:30pm. C.N.F.C. 11725 95st. Youth Night 6:00 - 7:30pm	3 Elder Support- Kokom Rose: 9am-4:30pm.	4	5 C.N.F.C. 11725 95st. Jigging Lessons 7-9. Alexis- Pow Wow	6 Alexis- Pow Wow
7 Alexis- Pow Wow Sweat Lodge: Enoch 11AM Calgary Stampede Pow- Wow	8 Calgary Stampede Pow-Wow C.N.F.C. Cree Class-6710 118ave: 6:30-8:30	9 Elder Support- Kokom Rose: 9am-4:30pm. Youth Building 11821-123st. Connections in recovery 6:30pm-7:30pm. Youth Night 11724 95st 6-7:30	10 Elder Support-Kokom Rose: 9am-4:30pm. C.N.F.C Cree Class-Highlands Online 6:00PM-8:00PM	11 B.A.T.H.S- Sage Picking. Leave main office at 9am.	12 11725 95st. Jigging lessons 7-9 Red Deer (Fort Normandeau) 2 Spirit Pow-Wow Enoch Cree Nation: Pow- Wow	13 Enoch: Pow-Wow
14 Enoch: Pow-Wow Sweat Lodge: Enoch 11AM	15 C.N.F.C- Cree Class-6710- 118ave - 6:30PM-8:30PM	16 Youth Building 11821-123st Connections in recovery 6:30pm-7:30pm. Youth Night 11724 95st, 6-7:30	17 Medicine picking: leaves at 9am from Main office C.N.F.C Cree Class- On Line 6:30PM-8:30PM	18 Tipi Teachings: B.A. Main Office	19 C.N.F.C 11725 95st. Jigging Lessons, 7pm-9pm.	20
21 Sweat Lodge: Enoch 11AM	22 C.N.F.C Cree Class: 6:30-8:30. 6710 118ave	23 Elder Support -Kokum Rose 9-4:30 ⏏ Youth Building 11821-123st Connections in Recovery 6:30pm-7:30pm. Youth Night 11725 95st, 6-7:30	24 Elder Support- Kokom Rose 9am - 4:30pm C.N.F.C Cree Class On Line	25	26 C.N.F.C 11725 95st. Jigging Lessons, 7pm-9pm.	27
28 Sweat Lodge: Enoch 11AM	29 C.N.F.C. Cree Class 6:30-8:30: 6710 118ave.	30 Elder Support -Kokum Rose 9-4:30 ⏏ Youth Night 11725 95st. 6-7:30	31 Elder Support -Kokum Rose 9-4:30 ⏏ Tipi Teachings: B.A. Main Office			
Sweat Lodge: Enoch 11AM	C.N.F.C. Cree Class 6:30-8:30: 6710 118ave.	Notes C.N.F.C = Canadian Native Friendship Centre Contact :BA_Culturalconnector@bentarrow.ca or call 780-481-3451 for questions, Elder support , Registration for medicine harvesting: email: ba_culturalconnector@bentarrow.ca		PRACTISE AS CEREMONY BENT ARROW TRADITIONAL HEALING SOCIETY 11648 - 85ST, EDMONTON, AB OFFICE PHONE: 780-481-3451		