




JANUARY 2018

BENT ARROW ABORIGINAL PARENT LINK CENTRE 11666-95 Street Edmonton, Alberta T5G 1L8 Telephone 780-474-2400 Fax 780-474-3030

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1. New Years Day Centre Closed	2. Centre Closed	3. Centre Closed	4. Drop In 12:00-4:00 pm	5. Drop In 12:00-4:00 pm	6.
7.	8. Mom's R Us 12:30-2:30 pm Kokums Tea Time @ SAGE 15 Winston Churchill sq 12:30-2:30 pm Sewing Circle 4:30-6:30 pm	9. pehonan: Social Hub 12:30-2:30 pm Family Night 4:00-6:00 pm	10. Collective Kitchen 11:30-2:30 pm	11. Loose Parts and Thingamajigs 12:30-2:30 pm	12. Elder's Breakfast 10:30-12:00 pm pehonan: The Crow's Nest 12:30-2:30 pm	13.
14.	15. Mom's R Us 12:30-2:30 pm Sewing Circle 4:30-6:30 pm pehonan: Men's Sharing Circle 5:00-6:30 pm	16. pehonan: Social Hub 12:30-2:30 pm Family Night 4:00-6:00 pm	17. Come and Play Then Sit and Stay @ Parkdale School 11648-85 St 9:00-12:00 pm Triple P: Positive Parenting 4:30-6:30 pm	18. Loose Parts and Thingamajigs 12:30-2:30 pm	19. Elder's Breakfast 10:30-12:00 pm pehonan: The Crow's Nest 12:30-2:30 pm	20.
21.	22. Mom's R Us 12:30-2:30 pm Kokums Tea Time @ SAGE 15 Winston Churchill Sq 12:30-2:30 pm Sewing Circle 4:30-6:30 pm	23. pehonan: Social Hub 12:30-2:30 pm Family Night 4:00-6:00 pm	24. Craft in a Jif 12:00-2:30 pm Triple P: Positive Parenting 4:30-6:30 pm	25. Loose Parts and Thingamajigs 12:30-2:30 pm Anger Management 4:30-6:30 pm	26. Elder's Breakfast 10:30-12:00 pm pehonan: The Crow's Nest 12:30-2:30 pm	27.
28.	29. Mom's R Us 12:30-2:30 pm Roots And Berries 4:30-6:00 pm pehonan: Men's Sharing Circle 5:00-6:30 pm	30. Family Night 4:00-6:00 pm	31. 12:00-2:30 pm Triple P: Positive Parenting 4:30-6:30 pm			

January Agenda 2018

MONDAY:

Mom's R Us: 12:30-2:30 pm:

- January 8: Welcome to the New Year
- January 15: Baby Blankets
- January 22: Guest Speaker
- January 29: Rice Crispy Fun

Sewing Circle: 4:30-6:30 pm:

- January 8: Ceremonial Skirts
- January 15: Ceremonial Skirts
- January 22: Ceremonial Skirts

Roots and Berries: 4:30-6:00 pm:

- January 29: Welcome back

Pehonan Kokums Tea Time @ Sage: 12:30-2:30 pm:

- January 8: Welcome to the New Year
- January 22: What Happens next

Pehonan Senior Men's Sharing Circle: 5:00-6:30 pm: January 15 & 29

TUESDAY:

Family Night: 4:00-6:00 pm:

- January 9: New Year's beginnings
- January 16: Time Capsules
- January 23: Games Night
- January 30: Pizza Night

Pehonan: Social Hub: 12:30-2:30 pm:

- January 9: Welcome to the New Year
- January 16: What happens next
- January 23: The next project

WEDNESDAY:

Come and Play then Sit and Stay: 9:00-12:00 pm:

- January 17: Balloon Tennis

Traditional Parenting: 4:30-6:30 pm

- January 17: Positive Parenting
- January 24: Why Children Behave the Way They Do
- January 31: Helping Children Develop

January 10: Collective Kitchen 11:30-2:30 pm:

- Menu:** Kitchen Sink Casserole; Italian Salad; Coleslaw; Baking
- Craft in a Jif with Ramona: 12:00-2:30 pm: January 24**
- This Month's Project:** Learning How to Knit

THURSDAY:

Loose Parts: Reconnecting with Play: 12:30-2:30 pm:

- January 11: Rocks and Sticks and Nature play
- January 18: Glorious Junk
- January 25: It's a small world

Anger Management: 4:30-6:30 pm:

- January 25: Introduction

FRIDAY:

Elder's Breakfast: 10:30-12:00 pm: January 12, 19, & 26

Mobile Story Time:

- January:

Pehonan: The Crows nest: 12:30-2:30 pm:

- January 12: Planning Ahead
- January 19: Bingo
- January 26: Glaucoma Awareness