

Journey To Success: A pre-employment/training program for Indigenous people over the age of 18.

Kokomish House: Long-term residential program for Aboriginal youth, 12-17 years, who are in care of Children Services.

Orenda House: A transitional housing project for homeless families ranging in the age of 15-29.

Iskwew House: A long-term residential program for young Aboriginal girls who are pregnant or parenting and in the care of Children Services.

Coyote Kids: A weekly cultural program for Aboriginal children, 6 - 12 years of age.

Coyote Pride: In-school mentoring program for children in grades 4 to 6.

Nitotemak Foster Care: Foster care for Aboriginal children and youth who are in the care of Children Services.

White Cloud Head Start: A pre-school program for Aboriginal children, designed to give them a head start in education.

Sacred Circle Family Intervention: An in-home family support program for families involved with Children Services or Family Enhancement.

Community Parents: A program designed to support and assist families in supporting each other.

Aboriginal Parent Link Centre: A gathering place for Aboriginal families to access programs and share experiences.

New In Town Welcome Service: Helps Aboriginal people access the support they need to make the transition when moving to Edmonton. The service also helps individuals who have been recently released from a correctional facility access resources.

Transitions To Success: A career training program for women over the age of 18. The program includes six weeks of Life Skills Enhancement, two weeks of Employment Skill Development, and four weeks of unpaid job placement.

Housing First: Assists Aboriginal individuals and families in securing safe, affordable, appropriate permanent housing, develop a plan to identify challenges and strengths, and provide resources.

Kahkiyaw: A comprehensive Outcome Based Service Delivery (OBSD) Model described as a “shared responsibility” for service delivery. Although a similar trailblazing model for non-Aboriginal children, youth, and families has been operational since 2009, Kahkiyaw is the first for urban Aboriginal children, youth, and families in Alberta.

Other available resources include:

Family Outreach: Available for program participants.

Health For Two Drop-in: Where pregnant women can get free milk coupons, bus tickets, and receive information on prenatal and postnatal care.

STI Clinic: A partner for on-site program services.

Soup & Bannock: A free community meal offered twice a month at Parkdale School, from 12-1pm, on the second and last Friday of each month, not including June, July, August and December.



Healthy Families

Home Visitation Program



What is Healthy Families?

Healthy Families is a voluntary, long-term (3 - 5 years) home visitation program, which provides services to Aboriginal and non-Aboriginal pregnant women and first-time parenting families. Services can be started prenatally or before the baby turns 4 months old.

What can Healthy Families do for my family?

Healthy Families can provide new families with information and tips in the areas of prenatal care, healthy child growth and development, positive ways to interact with your baby, enhancing family functioning, and improving support systems.

What can Healthy Families do for my baby?

Your Home Visitor will show you ways to care for your new baby and answer any questions you may have, as well as provide you with information about child development and how to have positive interactions between you and your child.

Where does this take place?

Your Home Visitor will visit you in your home or a place of your choice. Our Alberta Health Services Nurse is also available to answer any questions.

What will my Home Visitor do for me?

Your Home Visitor can offer prenatal support, provide you with current information on parenting strategies, work with your needs and build on your strengths, help you work towards achieving your goals, and refer you to other programs and services such as food resources, housing, child care, counseling, education and employment.

Program Goals and Outcomes

- ✓ Increased support to parents, focusing on healthy growth and development of very young children, parenting skills, and family health and relationships.
- ✓ Children are free from abuse and neglect.
- ✓ Increased community capacity to deliver effective home visitation programs and other services.

Healthy Families is a Success by 6 Initiative involving Alberta Health Services, in partnership with:

- ✓ Norwood Child & Family Resource Centre
- ✓ Terra Association
- ✓ Family Futures Resource Network
- ✓ Edmonton's Food Bank
- ✓ Health for Two
- ✓ Basically Babies
- ✓ Region 6 Child and Family Services
- ✓ United Way6
- ✓ Edmonton Community Foundation

To find out more about Healthy Families, please contact us at:

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