

## Other Programs Offered At Bent Arrow

### **Aboriginal Parent Link Centre:**

A gathering place for Aboriginal families that provides free programs and resources so they can share, experience and bond in a safe and caring experience.

### **New In Town:**

Helps Aboriginal people access the support they need to make the transition when moving to Edmonton. Also individuals recently released from a correctional facility.

### **Nikihk:**

Assists Aboriginal individuals/families in securing safe, affordable permanent housing; develop a plan to identify challenges and strengths; provide resources and set goals.

### **Healthy Families:**

A long term intensive home visiting program which provides services to pregnant women and first time parenting families.

### **Sacred Circle Family Intervention:**

Family support service which provides family support, family aide and youth work to Aboriginal families involved with child welfare.

### **Orenda House:**

A transitional housing project for homeless families ranging in the ages of 15-29.

### **Iskwew:**

Long term residential program for Aboriginal youth who are pregnant or parenting and in the care of Child Welfare.

### **Kokomish:**

Long term residential program for Aboriginal youth 12-17 years old, which are in the care of Child Welfare.

### **Community Parents:**

A program to support the Natural Helpers in the community in supporting other families.



This service receives  
funding from



For Information about this  
program please call  
(780) 481-3451  
Ext. 252

**Bent Arrow Traditional  
Healing Society  
11648-85 Street  
Edmonton AB T5B-3E5**



## Employment Centre

JTS provides services that are individualized to meet your personal and employment goals.

### **Our services include:**

- Personal Development
- Employment Resource Centre
- Employment Skill Development

### **Employment Resource Centre Hours of Operation:**

Monday 9:00am-4pm  
Tuesday - Thursday 8:30-4pm  
Friday 8:30am-3:30pm  
Closed from 12-1pm

## Personal Development

These workshops will support Aboriginal participants in personal growth, addressing personal challenges, and supporting a balanced lifestyle.

### Personal Development:

- Cultural Influence
- Time Management
- Health & Addictions
- Self-Esteem & Self-sabotage
- Anger & Stress Management
- Boundaries & Communication
- Goal Setting & Stages of Change
- Basic and Intermediate Computers
- The Secret of Positive Thought & Vision Boards

## Employment Skill Development

These workshops consist of:

- Work Ethics
- Resume Building
- Exposure Courses
- Interview Techniques
- Job Search Strategies
- Financial Management
- Labour Market Awareness
- Introduction to Computers

The purpose of this initiative is to:

- Provide one on one employment counselling
- Implement job readiness, work ethics, and time management.
- Support participants in the ability to manage challenges in maintaining long term employment.
- Provide exposure courses for TDG, CSTS, WHMIS, FIRST AID/CPR, FOOD SAFE and additional exposure courses as required.

## Employment Resource Centre

The Employment Centre is designed to assist people in finding employment.

At our Employment Centre the Employment Resource Worker is available to assist you with all employment needs.

Our services involve:

- Resumes
- Job board
- Computers
- Job Search
- Telephones
- Photocopier
- Fax Machine
- Employment resources
- Educational information

\*Plus so much more



For more information  
or to apply please call  
Bent Arrow at

(780) 481-3451

Ask to speak to the  
Journey to Success intake staff

